

PILLOW CASE IN THREE SEAMS !!!

Finished size: For standard pillow, 20" x 30"

FABRIC REQUIREMENTS:

All fabrics use width-of-fabric (WOF).

CUFF: 1/4 yard (9") by WOF

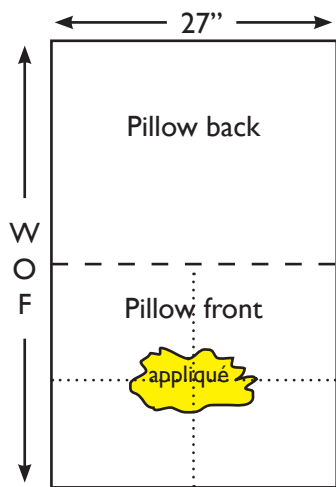
ACCENT BAND; 2" to 2-1/2" by WOF

BODY: 3/4 YARD (27") by WOF

APPLIQUE: According to appliqué design

NOTE: The narrowest width fabric will determine the size of your pillow case. (e.g., 44" wide fabrics will yield a pillow case approximately 22 - 23" x 30". While 40" wide fabrics will make a pillow case about 18" - 19" x 30".)

HINT: If you purchase 1 yard each of the CUFF and BODY fabrics, you can make 2 pillow cases from the same fabrics. The CUFF of one pillow case is the BODY of the second.



1. APPLIQUÉ. Appliqué your chosen design onto the BODY fabric before making the pillow case, centering it as shown at left.
2. FOLD ACCENT BAND in half lengthwise, wrong sides together. Press.
3. PIN ACCENT BAND TO CUFF. Lay the CUFF out flat, right side up, and place the ACCENT BAND on top, matching raw edges. Pin in place.
4. PLACE BODY, right side facing down, on the CUFF/ACCENT BAND assembly, lining up the raw edges, pin through all layers.
5. ROLL BODY from the end opposite the CUFF, towards the cuff. Roll until the BODY roll is on top of the CUFF. Keep the BODY roll away from the pinned edge.
6. FOLD CUFF over the BODY roll, so the wrong side of the CUFF is on the outside, and the CUFF is wrapped around the BODY roll. Align the long cut edge of the CUFF

with the cut edge of the CUFF/ACCENT BAND. Re-pin securely through all layers. (Layers, from top to bottom: Cuff, Body, folded Accent Band, Cuff)

7. SEW the pinned edge using a 1/4" seam.
8. TURN. Reach inside and pull the BODY out of the CUFF. Your first seam is enclosed inside the folded CUFF now.
9. IRON CUFF and ACCENT BAND flat.
10. FOLD & TRIM. Fold entire pillow case unit in half, for side seam, **wrong** sides together. Trim the edges even; trim off selvedge edges. Pin the side seam edge, wrong sides together. (Yes, that is right - **wrong** sides together.)
11. SEW SIDE SEAM. Using a 1/4" seam, stitch the side seam. Turn the pillow case inside out. Press the seam open, then fold and press the seam flat with the seam allowance inside the folded edge. Stitch a generous 3/8" seam along this pressed edge. This second seam encases the first seam. This is a *French Seam*.
12. SEW BOTTOM SEAM. Re-fold the pillow case, wrong sides together, and repeat Step 11 for the bottom.
13. TURN the pillow case right side out, and give those seams a final press. You now have a gorgeous, new pillow case.
14. ENJOY!

Instructions compliments of **Pacific Rim Quilt Company**.
For your appliqué, choose from one of our **APPLIQUÉ QUILT BORDERS & TABLE RUNNERS** patterns.
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